



PARAGON PLANNER

Following is our weekly update for the week of September 2nd – 8th, 2019

THIS WEEK (09/02 – 09/08)

- 09/02 – GYM CLOSED for ALL TEAM & CLASSES
- 09/03 – 09/08 – Normal schedule, all levels

NEXT WEEK (09/09 - 09/15)

- 09/09 – 09/15 – Normal schedule, all levels

UPCOMING DATES & PAYMENTS (AUGUST/SEPTEMBER)

- 08/01 – Coaching Assessment #1 (\$125 – check made payable to “Paragon” or CASH only) – PAST DUE
- 08/22 – Discounted Tuition (September)
- 09/01 – Regular Tuition (September)
- 09/01 – Coaching Assessment #2 (\$125) – check made payable to “Paragon” or CASH only) – PAST DUE

UNIFORMS

- It is once again time to order uniforms for the 2019-2020 Season.
- I have uploaded an ORDER FORM with DIRECTIONS online.
- Please download the ORDER FORM, and get that back to me by 09/07
- TURN is NO LONGER offering an online store.
- Both the Warm-Ups(Top/Pants) and Step-In are NEW this season.
- Graduating Level 10's DO NOT need to order a new Warm-up if they do not wish to do so.

**HANDBOOK for 2019-2020

- The Handbook for the 2019-2020 season has been uploaded to the www.gymparagon.com website. You can find it on the NEWS page. You have to scroll down past the Paragon Planner.
- The acceptance form, along with
 - a signed “Release of Liability and Assumption of Risk Form,
 - a signed “Photo Release Form”will need to be returned to Coach Kevin as soon as possible.

USA GYMNASTICS ATHLETE NUMBER

- All parents should have received an e-mail from USA Gymnastics with a link that will enable them to register their son for the upcoming season. After July 31st, your son's member number will go inactive.
- Please follow the link and update your son's info and get him registered this week!
- If you did not receive an e-mail, your e-mail information that is associated with the athlete number is out-of-date and must be updated.
- You can send Coach Kevin the new e-mail that you wish to use, and I can manually re-send the link.

PARKING (AT PARAGON)

- Our property manager has reminded all of the businesses in our building that we need to make sure all customers are parking in the available spaces provided on the property.
- *We can not allow customers to park in front of our (or any other) dock.*
- *Thank you for your assistance in this matter!*

PRIVATE LESSONS UPDATED JULY 2019

- Private lessons are offered for any athlete to help with individual problem skills or to have extra training. Privates can be arranged with the coach of your choice at the gym (during non-practice times.) **There is a bulletin board in the gym, where you can SIGN UP for available times.**
- Prices are as follows:
- Private Lessons:

30.00 / 30 mins	40.00 / 45 mins	50.00 / 60 mins
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- Semi-Private Lessons (Up to 3)

40.00 / 30 mins	\$50.00 / 50 mins	\$60.00 / 60 mins
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- Check made payable to "Paragon" or CASH only
- **All privates are to be paid beforehand (or at the time of booking.) There are no re-funds for missed private lessons.**

OPEN GYM UPDATED JULY 2019

- Open Gym is offered on select Sundays for both members and non-members.
- Prices are as follows:

\$15.00 / members	\$20.00 / non-members
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- **Starting in July, Open Gyms will be divided into two categories: NINJA, and GYMNASTICS.**
- *GYMNASTICS* Open gyms are for all athletes who wish to work on their gymnastics skills. (This is for class students, tumbling for cheer students, boys team members, etc.)
- **NINJA Open Gyms* will be open gyms for athletes wishing to use the NINJA set-up. For July & August, we will be using the Steel City Set-up that Scott made for us in June. Athletes will be able to practice parts or all of the course. During NINJA Open gyms, the gymnastics equipment will not be available.

SPIRIT-WEAR

- Full House Market & Print is once again able to offer Spirit Wear for sale (with Paragon colors and logos) this season.
- Visit: www.spirit2wearstore.com
- Click on Paragon to view items and order.
- Email: tkunkel@fullhousemp.com with questions about orders.

SOCIAL MEDIA

Our boys team has various social media outlets for you to take advantage of!

Instagram – www.instagram.com/paragongym

YouTube – www.youtube.com/gymparagon

Facebook - www.facebook.com/groups/gymparagon/

Paragon Planner – www.gymparagon.com (Under the NEWS section.)

IMPORTANT LINKS

[Code of Conduct for Coaches & Volunteers](#)